

# 10<sup>th</sup> Annual Seacoast Cancer 5K

Run. Raise. Rally. **Rock!**



## Sunday, September 24, 2023

**Pease Tradeport | Portsmouth, NH**

**Registration:** 7 a.m.

**Race starts:** 9 a.m.

Join us for the 10th Annual Seacoast Cancer 5K – one of the largest races in New Hampshire! Event proceeds provide life-saving care and benefit local patients, families and staff at the Mass General Cancer Center at Wentworth-Douglass Hospital!



### Register today!

Scan the QR code or visit  
**SeacoastCancer5K.org**

**Questions?** Call 603-740-2687 or email  
specialevents@wdhospital.org

 **Mass General Brigham**  
Wentworth-Douglass Hospital

# Seacoast Cancer



Benefiting the Mass General Cancer Center  
at Wentworth-Douglass Hospital



## Participate virtually

**September 16-23, 2023**

**Anytime, Anywhere**

You don't have to live locally to make an impact. Run or walk your virtual 5K from anywhere in the world – just download the RaceJoy app to choose your 5K route!



## In-person run or walk

**September 24, 2023 | 9 a.m.**

**Wentworth-Douglass Hospital  
Portsmouth Outpatient Center  
at Pease Tradeport**

Rally with honorary 5K team captain, NBC Sports color analyst and former Boston hoops favorite Brian Scalabrine, for an energy-filled day to support cancer patients and their families! Choose from the 5K course or 1-mile loop option.



## Stay informed

**Follow us on social media and  
share why you 5K!**

